

Activities for School Holidays

Indoors

- Make something yummy to eat
- Get dressed up and dance to music or role play
- Create a self-portrait
- Create a portrait of someone else
- Get artsy with a craft project
- Build a fort/cubby under a table
- Do a room clean out and discover some forgotten toys

Outdoors

- Have a picnic in the backyard or at a park or beach
- Fly a kite
- Do some gardening – weeding or planting seeds
- Go on a treasure hunt!
- Get out a ball and work on your throwing, catching or kicking

Adventure

- Head to the library
- Catch a train or bus somewhere
- Plan a visit to the zoo
- Visit your local shopping centre
- Plan a day at a museum
- Take a nature walk

Quiet Time

- Find a nice space to do some reading
- Watch a movie
- Tackle a jigsaw puzzle
- Play a board game
- Play cards (snap, go fish, memory or pairs)
- Try meditation to unwind after a busy day